

Critical Steps to Your Best Results

It is important to follow the post care instruction **STRICTLY** during the peeling process. To avoid skin inflammation, complications and scarring.

- **DO NOT** leave the peeling solution on your skin longer than the hours directed by your medical professional
- **AVOID** direct sun exposure and excessive heat all the time for 28 days
- **AVOID** strenuous exercises and sweating in the first 3 to 4 days
- **DO NOT** pick, rub or unnecessarily touch the treated skin
- **DO NOT** use any skin care products other than the accompanied ReveSkin® Post Care products

Always call your medical professional to get help right away if you experience significant problems anytime after the procedure.

ONGOING SKIN LIGHTENING PROGRAM

STEP	MORNING	NIGHT
1	SilverMoist™ Cream Cleanser	SilverMoist™ Cream Cleanser
2	Melasma Minimizing Tx or Fortified Bleaching Rx	Melasma Minimizing Tx or Fortified Bleaching Rx
3	EleganceShade™ Physical SPF 30	Retinol Essential™ 1.0%

- Patients not responding to hydroquinone may use DistinctBrite™ Non-Hydroquinone treatment.
- Limit use of hydroquinone to 3 months and then switch to DistinctBrite™ Non-Hydroquinone Maintenance Treatment.

ONGOING ACNE PURIFYING PROGRAM

STEP	MORNING	NIGHT
1	Acne Purifying Cleanser	Acne Purifying Cleanser
2	Acne Purifying Enhancer	Acne Purifying Enhancer
3	Acne Purifying Tx or Tx Forte	Acne Purifying Tx or Tx Forte

- Acne Purifying Tx: For Mild to Moderate Acne Prone Skin
- Acne Purifying Tx Forte or Rx: For Moderate to Severe Acne Prone Skin

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Patient Instructions



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Day 1: After Peel Application

WHAT TO EXPECT

It is normal to experience moderate amount of burning and stinging, that will subside in a few hours.

- Do not touch treated skin
- Avoid the sun and excessive heat
- A fan will help reduce the burning sensation
- Drink plenty of water if you have any headache or migraine
- You can take anti-inflammatories such as Aspirin or Advil for 24 hours to help reduce swelling or discomfort

WASH OFF THE PEEL BY

AM PM



- 1 Post Care #1 SilverMoist™ Cream Cleanser**
Wash gently with cool water. Don't rub the skin.
- 2 Retinol 1.0**
Apply a thin layer over the treated skin.



OPTIONAL

- Post Care #2 SilverMoist™ Soothing Balm**
Only apply on very irritated area to soothe.
- Post Care #3 EleganceShade™ SPF30**
Only apply if you go out into the sun.

Repeat Cleanser and Retinol at night. Do not wear make up on Day 1.

Days 2-7: Peeling Process

WHAT TO EXPECT

Redness, itchiness, swelling, dryness, tightness and discoloration to brown are common. The top layer of dark skin will peel away. Your skin will start to peel in 48 to 72 hours. The peeling will last 5 to 7 days. Most peeling will occur on day 4 to day 6.



	Soothing Cleanser	Retinol 1.0 (unpeeled skin)	Skin lightening cream or acne lotion	Elegance Shade SPF 30
AM	✓		✓	✓
PM	✓	✓	✓	

Adverse Experiences such as a skin breakout or acne, rash, swelling and burning may occur. Call your medical office immediately regarding any unexpected problems.

Peeling amount varies per skin condition. Lack of peeling is **not** an indication that the peel was unsuccessful. Reasons may include:

- Regular skin resurfacing
- Frequent use of Retin A, AHA, or other peeling agents
- Severe sun damage

SOOTHING NEW SKIN

Calm Redness & Irritation



During the peeling process, the skin should be kept comfortable, **not too moist** before the peeling starts, and **not too dry** after the peeling starts.

- **Only** use Post Care #2 SilverMoist™ Soothing Balm on very irritated areas, when needed from Day 1 to Day 4 during the peeling process
- New skin should be adequately moistened and healed. From Day 5, apply a thin layer of Post Care #2 SilverMoist™ Soothing Balm on new skin to help heal and reduce skin redness.
- If your skin is thick, oily or acne prone, do not over use the balm. Doing so will block the peeling process and cause acne flare-ups.

ONGOING MAINTENANCE

- Avoid direct sun exposure at least for 4 weeks. Always shade the new skin and use sunscreen all the time.
- Avoid exfoliating products or facial washing devices for 4 weeks.
- It is critical to continue skin lightening or acne treatment regimen to enhance the peeling results and prevent the resurfacing of pigmentation or acne.